

Step Up Our Spiritual Walk

God Time

1 Timothy 4:7b, Ephesians 5:15-16

Introduction:

- “This is called _____.”
- It’s not just physical but spiritual.
- 1 Timothy 4:7b
- Ephesians 5:15-16
- Get spiritually healthy by focusing on 4 core exercises:
 - God Time – Time spent _____ alone in fellowship with God
 - Gather Time – Time spent _____ gathering in a small group and worship with my church
 - Gift Time – Time spent _____ using my spiritual gifts serving in my church
 - Go Time – Time spent _____ going on mission locally and globally

God Time – Time spent daily alone in fellowship with God

- Jesus’ example:
Luke 4:42a, Luke 5:16, Mark 1:35, Matthew 14:23
- *What will God Time accomplish in your life?*
 1. Allows You to Better Hear God’s _____.
 2. Allows You to Have a Better Spiritual _____.
 - Romans 12:2
 3. Allows You to Better Know God’s _____.
 - God’s Indisputable Will
 - God’s Guiding Will
 - You need three things:
 - You need to find a _____.
 - You need to find a _____.
 - You need to find a _____.

Conclusion:

- Forty-year-old year old wisdom, still good for today