

# Nehemiah ~ Rebuilding the Walls of Life

*Rebuilding Requires Prayer*

Nehemiah 1:4-11

## Introduction:

- Options
  - A difficult situation: Nehemiah 1:2b-3
  - Nehemiah's options
  - Nehemiah's choice: Nehemiah 1:4
- \_\_\_\_\_ is the best option to deal with \_\_\_\_\_ situations and should be your next step.
- We tend to see prayer as optional not as \_\_\_\_\_
  - Jesus saw prayer as essential –  
Luke 18:1, Luke 5:15-16, Mark 1:35

*Nehemiah's prayer pattern for brokenness:*

1. A Prayer of Brokenness Begins with \_\_\_\_\_, vs. 5
  - Beginning with praise puts things in \_\_\_\_\_
2. A Prayer of Brokenness Includes \_\_\_\_\_, vs. 6-7
  - Acts 3:19
3. A Prayer of Brokenness Reminds \_\_\_\_\_ of His \_\_\_\_\_, vs. 8-10
  - Reminding God of His promises \_\_\_\_\_ to Him we know what He has said,  
and we \_\_\_\_\_ it!  
Jer. 33:3, Matt. 11:28, 1 Peter 5:7
4. A Prayer of Brokenness Asks for God's \_\_\_\_\_, vs. 11
  - It's not always easy to maintain a balance between \_\_\_\_\_ and \_\_\_\_\_.

## Conclusion:

- Pass the ball!